



## PROGRAM OVERVIEW

The Lake Elsinore CERT Program (free of charge) was developed because of the need for a well-trained civilian emergency work force. The CERT Program provides for community self-sufficiency through the development of multifunctional response teams who act as an adjunct to the city's emergency services during major disasters.

When emergencies happen, CERT members can give critical support to first responders, and provide immediate assistance to victims. CERT members can also assist with non-emergency projects that help improve the safety of the community.

Through this unique program, people from community organizations, business and industry, and city employee groups will become CERT members. They work as team members and perform as individual leaders by directing untrained volunteers in the initial phase of an emergency.

To become a CERT graduate, you must complete the 17-1/2 hour course (Level 1). Level 1 training is taught by professional experienced firefighters, paramedics and trained volunteers. The course is followed by continuing education programs, including classroom and field refresher training events to enhance and reinforce the CERT members education.

For more information, upcoming class schedules  
or to register call  
951-674-5170  
or email:  
mzilliox@lake-elsinore.org

## LEVEL 1 SYLLABUS

### CLASS 1 - INTRODUCTION, EARTHQUAKE AWARENESS

Registration  
Introduction  
Earthquake Threat in Southern California  
Personal & Family Preparation  
Nonstructural Hazard Mitigation



### CLASS 2 - DISASTER FIRE SUPPRESSION TECHNIQUES

Fire Chemistry  
Fire Extinguisher Use  
Utility Control  
Creative Firefighting Techniques  
Hazardous Materials / Placarding



### CLASS 3 - DISASTER MEDICAL OPERATIONS (SESSION 1)

Recognizing Life-Threatening Emergencies  
Treating Life-Threatening Emergencies  
Triage



### CLASS 4 - DISASTER MEDICAL OPERATIONS (SESSION 2) AND MULTI-CASUALTY INCIDENT

Head-to-Toe Evaluation  
Treating Non-Life-Threatening Emergencies  
Treatment Area Management



### CLASS 5 - LIGHT SEARCH & RESCUE OPERATIONS

Evacuation  
Search Techniques  
Rescue Methods / Cribbing



### CLASS 6 - TEAM ORGANIZATION & DISASTER PSYCHOLOGY

Developing a Response Team  
Incident Command System "ICS"  
Psychological "Size-Up"



### CLASS 7 - TERRORISM & HOMELAND DEFENSE

History of Terrorism  
Do's and Don'ts During a Terrorist Act  
Homeland Defense Tips

