



Lake Elsinore Senior Activity Center

Resource Guide

**420 E. Lakeshore Dr.
Lake Elsinore, CA 92530**

951-674-2526

Disclaimer



The Lake Elsinore Senior Activity Center has developed this guide as a reference tool for seniors by providing a list of resources in the community.

The City of Lake Elsinore does not guarantee services for any of the information included in this guide. Please use your own judgement when considering any of the resources provided.

Housing Assistance

Office on Aging (Riverside County)

Department charged with developing a system of care that offers safety net services for vulnerable older persons and adults with disabilities.

www.rcaging.org

Office on Aging: 877-932-4100

Main Office: 951-867-3800

Housing Authority of the County of Riverside

A public agency chartered by the State of California to administer the development, rehabilitation or financing of affordable housing programs.

www.harivco.org

951-351-0700

Riverside Housing Development Corporation

A non-profit committed to improving the quantity and quality of affordable housing opportunities throughout the Inland Empire.

www.rhc.us

951-341-6511

Homeless Resources

Harmony Place Homeless Outreach

A 501(c) nonprofit that provides food, clothing, hygiene products and guidance for those in need. They also have information and referrals to substance abuse programs, 12-Step groups and anger management classes.

760-686-7644

Harmony Place Resource List (All organizations listed have shelter)

- Apple Valley: Transitional Housing 800-661-1690
- Barstow: Dana Park 760-256-5617
- Barstow: Salvation Army 760-957-7945
- Hemet: Valley Restart Center 951-766-7476
- Hesperia: Victor Valley Family Resource 760-669-0300
- Lake Elsinore: Set Free Ministries 951-849-3678
- Moreno Valley: Path of Life Ministries 951-683-4101
- Palm Desert: Shelter From the Storm Inc 760-674-0400
- Perris: Perris Valley Family Resource 951-443-1158
- Temecula: Project Touch (Women and Children) 951-677-9661
- Victorville: High Desert Homeless Services Victorville 760-245-5991
- Yucca Valley: Morongo Unified School District Yucca Valley Community Outreach Svc. 760-401-0375

Food Assistance

Cal Fresh (SNAP/Food Stamps)

Provides monthly food benefits to individuals and families with low-income and provides economic benefits to communities .

www.getcalfresh.org

www.calfresh.dss.ca.gov

CalFresh Info Line: 877-847-3663

Riverside County Department of Public Social Services: 877-410-8827

Meals on Wheels

Delivers hot and/or cold meals daily to housebound seniors and individuals with temporary or permanent disabilities, residing in the Greater Riverside County.

www.riversidemow.org

951-683-7151

Dream Center Food Pantry

Food is distributed grocery style (no cooking on premises). Amount of food based on family size.

951-245-7510

Food Assistance (Cont.)

SODEXO – Homebound Meals Through Office on Aging

951-867-3800

Healthcare Assistance

Medicaid/Medi-Cal and Medicare

Medicaid/Medi-Cal provides health coverage to low-income people. Medicare is health insurance for people 65 or older.

www.medicaid.gov

www.dhcs.ca.gov

www.medicare.gov

Medi-Cal Member and Provider Hotline: 1-800-541-5555

Riverside County Department of Public Social Services: 877-410-8827

Medicare Customer Service: 1-800-633-4227

Health Insurance Counseling and Advocacy Program (HICAP)

Offers one on one counseling to assist Medicare Beneficiaries understand their Medicare benefits and best healthcare options. Does not sell or endorse, promote or recommend commercial insurance products or services.

www.coasc.org

909-256-8369

Transportation

Dial-A-Ride

An origin-to-destination advanced reservation transportation service for seniors and persons with disabilities. 10 ticket booklets can be purchased at LE Senior Center.

www.riversidetransit.com

1-800-795-7887

Riverside Transit Agency (RTA)

Provides discounted bus fares for seniors. 30 day senior bus passes can be purchased at the Lake Elsinore Senior Activity Center.

www.riversidetransit.com

951-565-5002

Legal Services

Inland Counties Legal Services

A nonprofit organization providing legal services to low-income persons residing in Riverside and San Bernardino Counties.

www.inlandlegal.org

1-800-977-4257

Senior Legal Hotline

Anyone over the age of 60 can receive free legal advice over the phone.

1-800-222-1753

Legal Advice at the Lake Elsinore Senior Activity Center

Anita Milner provides free legal advice to seniors 55 and over by appointment only on the second and fourth Thursdays of the month. Visit or call the center to make an appointment.

951-674-2526

Legal Services (Cont.)

Community Action Partnership (CAP) Dispute Resolution

Disputants work together with the assistance of a neutral third party, trained in the technique of mediation, to arrive at a mutually acceptable agreement with regard to their conflict or dispute. Non-refundable fee is \$25 (\$75 if your attorney is involved) for each party involved and due before the mediation session.

www.capriverside.org

951-955-4900

Tax Services

Community Action Partnership (CAP) Volunteer Income Tax Assistance (VITA)

A free tax preparation program that helps low to moderate income filers. During tax season, there are FREE sites across Riverside County. All Sites are staffed by IRS Certified Volunteers.

www.capriverside.org

951-955-4900

Notary Services

Community Action Partnership (CAP) Notary Services

Community Action Partnership provides on-site Public Notary of documents to the low income residents of Riverside County at discounted rates. General Service fee: \$5 per signature, Service Fee for Seniors on fixed income: \$1 per signature.

www.capriverside.org

951-955-4900

Caregiving Services

Care Pathways

The Riverside County Office on Aging provides support to family caregivers who are caring for or helping an older relative and can assist in coordinating services to help family members maintain their caregiving roles.

www.rcaging.org

877-932-4100

Elder Helpers

Volunteers register to offer their services based on their desire to help elders. The Elder Helpers program strives to safely and conveniently connect these volunteers with elders in their local communities.

www.elderhelpers.org

In-Home Supportive Services (IHSS)

The Program helps individuals pay for in-home care.

www.cdss.ca.gov

1-800-677-1116

Caregiving Services (Cont.)

Inland Caregiver Resource Center

The agency provides information and referral, personal care, homemaker services, assisted transportation, adult day care, chores, companion services, and minor home repairs to seniors 60 years of age and older.

www.inlandcaregivers.org

1-800-675-6694

Utility Assistance

LIHEAP

Provides utility payment assistance and weatherization services to low income customers.

www.csd.ca.gov

www.capriverside.org

Community Action Partnership: 951-955-4900

LIHEAP Program Contact: 1-866-675-6623

Social Security

www.ssa.gov

National Line: 1-800-772-1213

Riverside Office: 1-866-931-4495

Mental Health Services

Behavioral Health Lake Elsinore Wellness and Recovery Clinic for Mature Adults

Outpatient Clinic services include: Assessment and evaluation services, medication services with ongoing medication support, specialized groups to prevent isolation and to support independent living, peer support, individual therapy, group therapy, counseling, psychological testing, family and caregiver consultation and support, and co-occurring substance abuse counseling.

www.rcdmh.org

951-471-4600

Companionship Programs

AmeriCorps

The program focuses on providing assistance and friendship to older adults who have difficulty with daily living tasks, such as shopping or paying bills.

www.americorps.gov

1-800-942-2677

Discounted/Free Phone Assistance

California LifeLine

A state program that provides discounted home phone and cell phone services to eligible households.

www.californialifeline.com

English: 1-866-272-0349

Español: 1-866-272-0350

Telemarketer and Fraud Prevention

National Do Not Call Registry

Managed by the Federal Trade Commission (FTC), the nation's consumer protection agency. The service was created to stop unwanted calls.

www.donotcall.gov

1-888-382-1222

Telemarketer and Fraud Prevention (Cont.)

Senior Medicare Patrol

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

www.smpresource.org

National: 1-877-808-2468

California: 1-855-613-7080

Safety Resources

Non-Emergency Police

951-776-1099

Adult Protective Services (APS)

Intervene and assist elder or dependent adults to alleviate physical, sexual, and financial abuse, neglect, isolation, abandonment, abduction, and mental suffering.

www.rivcodpss.org

1-800-491-7123

Safety Resources (Cont.)

California Victim Compensation Board (CalVCB)

Provides compensation after all available reimbursement and recovery sources are used, including medical insurance, disability insurance, employer benefits and civil suits.

www.victims.ca.gov

1-800-777-9229

When in doubt, dial 211

211 provides callers with information and referrals to community services for every day needs and in times of crisis. 211 is free and offers confidential help 24/7.

Community Directory

- **Animal Control Services**: 951-674-0618
- **Animal Friends of the Valley**: 951-471-8344
- **City Hall**: 951-674-3124
- **CR&R Trash Disposal**: 800-755-8112
- **Diamond Stadium/Storm Stadium**: 951-245-4487
- **Elks Lodge**: 951-674-6804
- **Fire Station #10 Graham Ave.**: 951-674-2161
- **Fire Station #85 Grand Ave.**: 951-245-2185
- **Fire Station #94 Railroad Canyon Rd.**: 951-246-2293
- **Inland Valley Hospital**: 951-677-1111
- **Lake Elsinore Family Health Center**: 951-471-4200
- **Lake Elsinore Community Center**: 951-245-0442
- **Landfill Information**: 951-786-3200
- **Library (Graham Ave.)**: 951-674-4517
- **Library (Riverside Dr.)**: 951-678-7083
- **Launch Pointe (Boat Launch, Lake Use, and Camping Info)**: 951-471-1212
- **Poison Information**: 800-876-4766
- **Post Office**: 800-275-8777
- **Rancho Springs Hospital**: 951-696-6000
- **Rotary Club**: 951-471-2793