



**LAKE ELSINORE  
COMMUNITY EMERGENCY RESPONSE TEAM  
(CERT)  
APPLICATION PACKET**





**Local government prepares for everyday emergencies.** However, during a disaster, the number and scope of incidents can overwhelm conventional emergency services. The Community Emergency Response Team (CERT) program is an all-risk, all-hazard training. This valuable course is designed to help you protect yourself, your family, your neighbors and your neighborhood in an emergency situation.

CERT is a positive and realistic approach to emergency and disaster situations where citizens may initially be on their own and their actions can make a difference. While people will respond to others in need without the training, one goal of the CERT program is to help them do so effectively and efficiently without placing themselves in unnecessary danger. In the CERT training, citizens learn to:

- Manage utilities and put out small fires
- Treat the three medical killers by opening airways, controlling bleeding, and treating for shock
- Provide basic medical aid
- Search for and rescue victims safely
- Organize themselves and spontaneous volunteers to be effective
- Collect disaster intelligence to support first responder efforts

#### **WHY DO THE CERT TRAINING?**

Well, it's like paying for car insurance. You might never need either; you'd hope not to. But if the occasion arises, having the CERT training, just like having car insurance, means you're as ready as you can be to help yourself, your family and your neighborhood.

We thank your interest in obtaining CERT training and appreciate your diligent commitment to making our community ready, safe and resilient!

Sincerely,

Ralph Mesa Jr  
Emergency Services Manager  
City of Lake Elsinore





## PROGRAM OVERVIEW

The Lake Elsinore CERT Program (free of charge) was developed because of the need for a well-trained civilian emergency work force. The CERT Program provides for community self-sufficiency through the development of multifunctional response teams who act as an adjunct to the city's emergency services during major disasters.

When emergencies happen, CERT members can give critical support to first responders, and provide immediate assistance to victims. CERT members can also assist with non-emergency projects that help improve the safety of the community.

Through this unique program, people from community organizations, business and industry, and city employee groups will become CERT members. They work as team members and perform as individual leaders by directing untrained volunteers in the initial phase of an emergency.

To become a CERT graduate, you must complete the 17-1/2 hour course (Level 1). Level 1 training is taught by professional experienced firefighters, paramedics and trained volunteers. The course is followed by continuing education programs, including classroom and field refresher training events to enhance and reinforce the CERT members education.

For more information, upcoming class schedules  
or to register call  
951-674-5170  
or email:  
[mzilliox@lake-elsinore.org](mailto:mzilliox@lake-elsinore.org)

## LEVEL 1 SYLLABUS

### CLASS 1 - INTRODUCTION, EARTHQUAKE AWARENESS

Registration  
Introduction  
Earthquake Threat in Southern California  
Personal & Family Preparation  
Nonstructural Hazard Mitigation



### CLASS 2 - DISASTER FIRE SUPPRESSION TECHNIQUES

Fire Chemistry  
Fire Extinguisher Use  
Utility Control  
Creative Firefighting Techniques  
Hazardous Materials / Placarding



### CLASS 3 - DISASTER MEDICAL OPERATIONS (SESSION 1)

Recognizing Life-Threatening Emergencies  
Treating Life-Threatening Emergencies  
Triage



### CLASS 4 - DISASTER MEDICAL OPERATIONS (SESSION 2) AND MULTI-CASUALTY INCIDENT

Head-to-Toe Evaluation  
Treating Non-Life-Threatening Emergencies  
Treatment Area Management



### CLASS 5 - LIGHT SEARCH & RESCUE OPERATIONS

Evacuation  
Search Techniques  
Rescue Methods / Cribbing



### CLASS 6 - TEAM ORGANIZATION & DISASTER PSYCHOLOGY

Developing a Response Team  
Incident Command System "ICS"  
Psychological "Size-Up"



### CLASS 7 - TERRORISM & HOMELAND DEFENSE

History of Terrorism  
Do's and Don'ts During a Terrorist Act  
Homeland Defense Tips





**CITY OF LAKE ELSINORE  
EMERGENCY SERVICES  
TRAINING DEPARTMENT**



**521 N. Langstaff  
Lake Elsinore, CA 92530  
(951) 674-5170**

<b>CERT Volunteer Training Application</b>		<b>Class Start Date:</b>	
<b>PERSONAL INFORMATION</b>			
LAST NAME:		FIRST NAME:	MI:
STREET ADDRESS:		CITY:	STATE: ZIP:
HOME PHONE:		CELL PHONE:	EMAIL:
<b>WORK INFORMATION</b>			
OCCUPATION:			
<b>EMERGENCY CONTACT INFORMATION</b>			
NAME:		HOME PHONE:	CELL PHONE:
<b>SKILLS</b>			
LIST APPLICABLE ADDITIONAL TRAINING, CERTIFICATION, WORK OR LIFE EXPERIENCE (i.e. Medical, Emergency Response, Red Cross, Military Service)			

**WAIVER/PHOTO RELEASE**

I understand that the City of Lake Elsinore reserves the right to use photos taken during events/projects for promotional purposes. This could include publishing in newsletters, brochures, and the City of Lake Elsinore web site.

APPLICANT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINTED NAME: \_\_\_\_\_

<b>OFFICE USE ONLY</b>
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APPLICANT ID# \_\_\_\_\_ PROCESS DATE: \_\_\_\_\_

ADMIN INITIALS: \_\_\_\_\_ REGISTERED FOR: \_\_\_\_\_